



# BUG OUT BAG CHECKLIST

## **Water**

- Emergency Water Pouches
- Portable Water Filter
- Water Purification Tablets
- Water Bottle
- Water Bladder

## **Shelter & Clothing**

- Rain Poncho
- Space Blanket
- One Change of Clothes
- Tent, Tube Tent or Tarp
- Work Gloves

## **Food**

- Emergency Ration Bars
- MRE's or Freeze Dried Food
- Cooking Kit
- Small Stove with Fuel Tablets

## **Fire & Light**

- Waterproof Matches
- Magnesium Fire Starter
- Lighter
- Snap Light
- Hand Crank Flashlight & Radio
- Led Headlamp

## **Tools & Misc.**

- Multi-Tool
- Survival Knife
- Fishing & Sewing Kit
- Axe / Hatchet
- Saw
- Sharpener

## **Hygiene**

- Moist Wipes
- Toilet Paper
- Hand sanitizer
- Toothbrush & Toothpaste
- Soap
- Deodorant

## **Self Defense**

- Gun
- Cross Bow
- Ammunitions
- Pepper Spray

## **Misc.**

- Whistle
- Signaling Mirror
- Duct Tape
- First Aid Kit
- Compass & Map
- 100ft Paracord
- Garbage Bags
- Dust Mask

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