

30 DAYS WATER CHALLENGE

START DATE: _____		MONTH: _____	
1	        =	16	        =
2	        =	17	        =
3	        =	18	        =
4	        =	19	        =
5	        =	20	        =
6	        =	21	        =
7	        =	22	        =
8	        =	23	        =
9	        =	24	        =
10	        =	25	        =
11	        =	26	        =
12	        =	27	        =
13	        =	28	        =
14	        =	29	        =
15	        =	30	        =
END DATE: _____		 TOTAL = _____	