

2026



SCHEDULE

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LET'S GO SEAHAWKS!

PRESEASON

WK	DATE	OPPONENT	TIME (ET)	TV	RESULT
1	Aug. 15	vs. Dallas Cowboys	8:00 PM	NFL Network	
2	Aug. 23	at Tennessee Titans	8:00 PM	Fox	
3	Aug. 28	at Kansas City Chiefs	8:00 PM	ESPN	

REGULAR SEASON

WK	DATE	OPPONENT	TIME (ET)	TV	RESULT
1	Sept. 9	vs. New England Patriots	8:20 p.m.	NBC	
2	Sept. 20	at Arizona Cardinals	4:25 p.m.	Fox	
3	Sept. 27	at Washington Commanders	1:00 p.m.	Fox	
4	Oct. 4	vs. Los Angeles Chargers	4:25 p.m.	CBS	
5	Oct. 11	vs. San Francisco 49ers	4:25 p.m.	Fox	
6	Oct. 15	at Denver Broncos	8:15 p.m.	Prime Video	
7	Oct. 25	vs. Kansas City Chiefs	8:20 p.m.	NBC	
8	Nov. 2	vs. Chicago Bears	9:15 p.m.	ESPN	
9	Nov. 8	vs. Arizona Cardinals	5:25 p.m.	Fox	
10	Nov. 15	at Las Vegas Raiders	5:05 p.m.	CBS	
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12	Nov. 29	at San Francisco 49ers	5:25 p.m.	Fox	
13	Dec. 7	vs. Dallas Cowboys	9:15 p.m.	ESPN	
14	Dec. 13	vs. New York Giants	5:25 p.m.	Fox	
15	Dec. 19	at Philadelphia Eagles	6:00 p.m.	Fox	
16	Dec. 25	vs. Los Angeles Rams	9:15 p.m.	Fox	
17	Jan. 3	at Carolina Panthers	2:00 p.m.	Fox	
18	TBD	at Los Angeles Rams	TBD	TBD	

NOTES:
